



2008-2009 National Grant Awards

Awards Program Description:

The ADA will award grants to schools in recognition of their diabetes prevention programs and initiatives. These awards acknowledge educators and school districts for their efforts to promote healthy lifestyles within the school community. See below for application deadlines.

Coordinated School Health Prevention and Intervention Awards

Grants will be awarded in the following categories:

1) \$1,500 School District Grant Level

Every campus demonstrates a coordinated school health approach to addressing diabetes education and prevention. The district demonstrates a program for long-term diabetes awareness and intervention for those at risk.

- a) Program demonstrates continuity.
- b) Program demonstrates alignment and district support with a transition from elementary to middle/intermediate to high school.

2) \$1,000 School Grant Level

The school demonstrates the use of coordinated school health concepts exhibiting campus-wide participation and support of a program promoting diabetes prevention and awareness.

- a) Program demonstrates campus-wide activities for awareness and prevention.
- b) Program includes weight management and intervention for those at risk for obesity/diabetes. These can be campus programs or activities that will reach all students including those at risk.
- c) Program demonstrates an active district/campus wellness policy.

3) \$500 Grant Level

- a) The school demonstrates campus wide education for the prevention of diabetes and participates in weight management and intervention for those at risk for diabetes.
- b) Program demonstrates an active district/campus wellness policy.

A panel of experts representing the health and fitness, medical and educational fields will judge and determine the recipients of the grants. Grants will be awarded based on an objective evaluation of the applications.

DOWNLOAD APPLICATION AT:
www.diabetes.org/schoolwalk



Deadlines:

Application for Participation: January 12, 2009

Final Grant Application: June 8, 2009

Awards Announced: August 31, 2009

For more information contact:

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Coordinated School Health (CSH) Prevention and Intervention Awards

SCHOOL DISTRICT GRANT Entry and Application Form

Coordinated School Health (CSH) Prevention and Intervention Awards

ENTRY FORM FOR SCHOOL DISTRICT GRANT

Please fill out two copies of this entry form. Submit one copy to the address above by **January 12, 2009** to notify us of your participation. Include the second copy with your completed application by **June 8, 2009**.

Name of School District: _____	
Address: _____ _____	
District Applicant Representative:	
_____	_____
Name	Title/Position
Email: _____	
Address: _____	
Phone: _____	

Eligibility Requirements:

- 1) District demonstrates a coordinated school health approach to diabetes education and prevention initiatives.
- 2) District has a wellness policy in place. Provide a copy of the district Wellness Policy.
- 3) The district has more than 50% of its campuses participating in the American Diabetes Association's School Walk for Diabetes educational program and event.
- 4) The district initiatives described in the application meet the criteria for the award level:
 - a) The district demonstrates initiatives or programs for long-term diabetes awareness and intervention.
 - b) The program or initiatives demonstrate continuity.
 - c) The program or initiatives demonstrate district alignment and support.
(There is a transition of continuity from grade level within a given campus as well as from elementary to middle/intermediate to high school.)

Coordinated School Health (CSH) Prevention and Intervention Awards

SCHOOL DISTRICT GRANT APPLICATION FORM

The American Diabetes Association is committed to preventing the epidemic increase of diabetes in today's youth and to finding a cure. This application is designed to be a simple documentation of methods or initiatives your school has implemented for children at risk for obesity/diabetes. Each question should be answered in less than 1-2 pages. Supporting documents (charts, pictures, etc.) that you feel would help in the evaluation of your program may also be included. **DEADLINE: June 8, 2009**

- I. Provide a brief overview of your obesity intervention and diabetes prevention district initiatives. Description should include an attachment of your Wellness Policy and support the initiatives described in your application. If your district conducted Acanthosis Nigricans (AN) screening please provide the number of students who were reported positive in your district. Your lead nurse for the district will have these statistics. **(10 points)**
- II. Outline of long-term and short-term objectives. **(20 points)**
- III. Describe how your prevention and intervention program is integrated with your existing physical education curriculum. **(15 points)**
- IV. Describe how your district program is grade level aligned and how it maintains continuity as the students transition from elementary school to middle/intermediate to high school. Qualify the process and procedure to ensure the district has a long-term intervention plan in place. **(25 points)**

Note: Citing district procedure to demonstrate alignment and transition is recommended.

Example: *The P.E. coordinators and nurses of Jones Elementary and Smith Middle School meet together to report the progress and procedures used with the identified at risk students who will be transitioning to the next campus.*

- V. A major piece of CSH involves activities that include the community, district employees, faculty and staff, and the extended school family. How does your district involve each of these areas to provide education on all types of diabetes and the prevention of obesity? Refer to Coordinated School Health model on the School Grant Application Form Page 1. **(25 points)**
- VI. **The purpose of this award is to encourage the identification and needs of the students who are at risk for obesity-related health problems. The American Diabetes Association has partnered with educators to help you in your efforts. There is no greater gift you can give a child than the means to a healthy future. Healthy children will be able to reach their highest academic abilities, develop positive self-esteem and succeed in social challenges.**

If your district is awarded the \$1,500 grant, how would you use it to improve your district's health programs? **(5 points)**

Coordinated School Health (CSH) Prevention and Intervention Awards

SCHOOL GRANT Entry and Application Form

Coordinated School Health (CSH) Prevention and Intervention Awards

ENTRY FORM FOR SCHOOL GRANT

Please fill out two copies of this entry form. Submit one copy to the address above by **January 12, 2009** to notify us of your participation. Include the second copy with your completed application by **June 8, 2009**.

Name of School: _____

School Address: _____

Grade Levels School Services: _____ Enrollment: _____

School ethnicity: African American ____% Asian ____% Caucasian ____%
Hispanic ____% Other ____%

School District: _____
Name of district, private or parochial system

Name of Principal: _____
Name E-mail

Applicant:

Name Title/Position

Applicant contact information:

E-mail: _____

Address: _____

Phone: _____
Work Other

Name of School Nurse or P.E. Teacher if other than applicant:

Coordinated School Health (CSH) Prevention and Intervention Awards

ENTRY FORM FOR SCHOOL GRANT continued

Eligibility Requirements:

- 1) District demonstrates a coordinated school health approach to diabetes education and prevention initiatives.
- 2) District has a wellness policy in place. Provide a copy of the district Wellness Policy.
- 3) Your school is participating in the American Diabetes Association's School Walk for Diabetes educational program and event.
- 4) The school initiatives described in the application meet the criteria for the award:
 - a) Your school demonstrates initiatives or programs for long-term diabetes awareness and intervention.
 - b) The program or initiatives demonstrate continuity.
 - c) The program or initiatives demonstrate campus alignment and support utilizing components of coordinated school health.

Coordinated School Health (CSH) Prevention and Intervention Awards

SCHOOL GRANT APPLICATION FORM PAGE 1

The American Diabetes Association is committed to preventing the epidemic increase of diabetes in today's youth and to finding a cure. This application is designed to be a simple documentation of methods or initiatives your school has implemented for children at risk for obesity/diabetes. Each question should be answered in less than 1-2 pages. Supporting documents (charts, pictures, etc.) that you feel would help in the evaluation of your program may also be included. **DEADLINE: June 8, 2009**

- I. What percentage of students on your campus are considered to be at-risk for over weight and obese levels based on height, weight and BMI criteria?
 - 1) Offer qualifying statistical data. Include Acanthosis Nigricans (AN) screening statistics if applicable. **(15 points)**

- II. Describe the program or activities you have implemented to intervene with the risk factors.

Activities to educate and modify student caloric input and expenditure:

 - a. Describe how your prevention and intervention program is integrated with your existing physical education curriculum in P.E./health class.
 - b. Physical activities beyond the regularly scheduled P.E. class.
 - c. Educational activities and outreach used to target issues.**(25 points)**

- III. Using the components of the CSH diagram below, explain how you were able to integrate these areas into your program. **(20 points)**



Coordinated School Health (CSH) Prevention and Intervention Awards

SCHOOL GRANT APPLICATION FORM PAGE 2

DEADLINE: June 8, 2009

- IV.** Explain the process in which you will monitor these children for long-term support and intervention. This should include your campus strategy for alignment and continuity as the children advance in grade level. **(25 points)**
- V.** How will you evaluate the success of your activities or program for short-term and long-term impact? **(10 points)**
- VI.** **The purpose of this award is to encourage the identification and needs of the students who are at risk for obesity-related health problems. The American Diabetes Association has partnered with educators to help you in your efforts. There is no greater gift you can give a child than the means to a healthy future. Healthy children will be able to reach their highest academic abilities, develop high self-esteem and succeed in social challenges.**

If your school is awarded the \$1,000 grant, how would you use it to improve your health programs? **(5 points)**